

"They gave me the strength to tend to his needs, and to not forget about mine."

Are You A Veteran's Caregiver? You Are Not Alone!

As more Northeast Florida veterans need full-time care, family caregivers need to understand their special needs, and how, when and where they can find help—for themselves and their loved ones.

By attending our "Caring for the Veteran's Caregiver" workshop, you'll connect with the professionals and resources that will support you in your caregiving journey. You'll also meet fellow caregivers, share stories and build friendships.

National speakers will include **Deborah Grassman**, from Bay Pines VA Healthcare System, and **Nicole Johnson** from the VA's Caregiver Support Program. Topics will include:

- Challenges for Today's Returning Soldier
- Wounded Warrior: Their Last Battle
- Spiritual Issues in Caregiving
- Social Service Resources for Veterans
- VA Caregiver Support Resources

You'll also get a free breakfast and lunch, and a chance to win door prizes. Exhibitors will offer information on valuable community products and services. Attend our free workshop for tips and advice to help you and your loved one live better.

Friday September 14, 2012

Caring for the Veteran's Caregiver

University of North Florida Student Union, Building 58 I UNF Drive Jacksonville, FL 32224

Registration at 8:30 a.m. Program 9 a.m. – 3 p.m.

RSVP to **904.407.6790** by September 11. To request free care for your loved one during the workshop, please call **904.807.1287**.



Compassionate Guide

Additional support provided by UNF Military and Veterans Resource Center, and the National Order of Trench Rats Sector of Florida Hospital Fund









Community Hospice Veterans Workshop

Friday, September 14, 2012

Event Time: 8:00am-3:00pm

Event Parking: Garage 38 (Arena Garage)

4th floor

*Any date not listed requires purchase of a Daily Permit

