For more information contact:

Malinda Everson, Development Coordinator

Betty Griffin House

904-808-8544

malindae@bettygriffinhouse.org

Betty Griffin House 5k Run & Walk

St. Augustine, FL- Betty Griffin House will be hosting its Inaugural Betty Griffin House 5K Run/Walk and brunch fundraiser **along with Presenting Sponsor Flagler Hospital**, on Saturday, April 12, 2014 at 8:30 a.m. This event will raise money for the many programs Betty Griffin House coordinates.

The race will start and finish at the St. Augustine Beach Pier. Registration and packet pick-up will be on April 11, 2014 from 4-7 p.m. and 7:00 a.m. on April 12th at the Pier Pavilion. The registration fee is $20 until February 28th. Children 14 & under are $15. March 1st to April 11th registration is $25 and race day registration is $30 for all. Your registration fee gets an amazing race bag with t-shirt. Pets are welcome on a leash.

All race participants and supporters are invited to join us for brunch! Raise $100 and enjoy the Friends of Betty Brunch, directly following the 5k in the Pier Pavilion. You will be served by a celebrity wait staff and entered to win one of many prizes, including a CRUISE FOR TWO! You will receive one entry for every $100 raised or donated.

All fitness levels welcome! This event is designed for the whole family to enjoy! If you need a little motivation join the Betty Griffin House 5k Walking Club and go from couch to 5k in only 10 weeks. The Walking Club will take place every Saturday starting February 1st at 8am at Treaty Park, 1595 Wildwood Dr. St. Augustine.

To register for the 5k or for more information log on to [www.bettygriffinhouse5k.org](http://www.bettygriffinhouse5k.org) or call Malinda Everson at 904-808-8544.

As a private, nonprofit agency, Betty Griffin House provides emergency shelter to abused women, men and their minor children. Other support services available to shelter residents and non-residents include a 24-hour crisis hotline, individual and group counseling, forensic / medical rape exams, and legal assistance. Confidential individual and group counseling are available in all parts of St. Johns County including, Hastings, Ponte Vedra Beach, St. Johns, St. Augustine and St. Augustine Beach. For more information or to make a donation, visit our website at [www.bettygriffinhouse.org](http://www.bettygriffinhouse.org) you may also like us on Facebook.